

Sustaining the Journey presents...



As a tool to draw us out of the world's negative vortex, and to help sustain your journey through the week, Bob Soeder and Mary Hrich offer this weekly dose of inspiration:

“When you dance, your purpose is not to get to a certain place on the floor. It’s to enjoy each step along the way.”

– Wayne Dyer

“Vision is a destination – a fixed point to which we focus all effort. Strategy is a route – an adaptable path to get us where we want to go.”

– Simon Sinek

Simon Sinek is a British author and podcast host. His books include a global bestseller – Start with WHY – and New York bestsellers, Leaders Eat Last and The Infinite Game.