

Sustaining the Journey presents...



*As a tool to draw us out of the world's negative vortex, and to help sustain your journey through the week,
Bob Soeder and Mary Hrich offer this weekly dose of inspiration:*

“What I need is someone who will
make me do what I can.”
– Ralph Waldo Emerson

“What I think the mentor gets is the
great satisfaction of helping
somebody along, helping somebody
take advantage of an opportunity
that maybe he or she did not have.”
– Clint Eastwood