

# Sustaining the Journey presents...



*As a tool to draw us out of the world's negative vortex, and to help sustain your journey through the week,  
Bob Soeder and Mary Hrich offer this weekly dose of inspiration:*

“Do not abandon yourselves to despair. We are the Easter people and hallelujah is our song.”  
– Pope John Paul II

“Where, O death, is your victory?  
Where, O death, is your sting? The sting of death is sin, and the power of sin is the law.”  
– I Corinthians 15:55-56