

Sustaining the Journey presents...



As a tool to draw us out of the COVID-19 vortex, and to help sustain your journey through the week, Bob Soeder and Mary Hrich offer this weekly dose of inspiration:

“When the mathematician would solve a difficult problem, he first frees the equation of all incumbrances, and reduces it to its simplest terms. So simplify the problem of life, distinguish the necessary and the real. Probe the earth to see where your main roots run.”

– Henry David Thoreau

“All things being equal, the simplest explanation is most likely the correct one.”

– William of Ockham

William of Ockham was a philosopher who lived during the 14th century. He stated this principle so often and sharply that this saying became known as “Ockham’s Razor.”