

Sustaining the Journey presents...



*As a tool to draw us out of the world's negative vortex, and to help sustain your journey through the week,
Bob Soeder and Mary Hrich offer this weekly dose of inspiration:*

“There are two mistakes one can
make along the road to truth... not
going all the way, and not starting.”

– Buddha

“Take the first step in faith. You
don't have to see the whole
staircase, just take the first step.”

– Martin Luther King, Jr.