



As a tool to draw us out of the world's negative vortex, and to help sustain your journey through the week, Bob Soeder and Mary Hrich offer this weekly dose of inspiration:

"Cowards are cruel, but the brave love mercy and delight to save."

– John Grav

"Our presence in a place of need is more powerful than a thousand sermons."

- Charles Colson

John Gray is an American relationship counselor, lecturer, and author, who wrote Men Are from Mars, Women Are from Venus.

Chuck Colson was an American attorney and political advisor who served as Special Counsel to President Richard Nixon from 1969 to 1970. He was the first member of the Nixon administration to be incarcerated for Watergate-related charges.