

Sustaining the Journey presents...



As a tool to draw us out of the world's negative vortex, and to help sustain your journey through the week, Bob Soeder and Mary Hrich offer this weekly dose of inspiration:

"You are never too old to set a new goal or dream a new dream."

– C. S. Lewis

"Do not wait; the time will never be just right. Start where you stand, and work with whatever tools you may have at your command, and better tools will be found as you go along."

– George Herbert

George Herbert was a Welsh poet and a Saint in the Anglican Church. His feast day is observed on February 27th.