



A Retreat for All Music Ministers

Sharpen the Saw means preserving and enhancing the greatest asset you have...**YOU**... It means having a balanced program for self-renewal in your life... Without this renewal, the body becomes weak, the mind mechanical, the emotions raw, the spirit insensitive, and the person selfish.

Stephen R. Covey

There are different kinds of spiritual gifts but the same Spirit; there are different forms of service but the same Lord; there are different workings but the same God who produces all of them in everyone. To each individual the manifestation of the Spirit is given for some benefit.

1 Corinthians 12:4-7

They Who Sing, Pray Twice – Caring for the Music Makers

*Much will be required of the person entrusted with much, and **still more** will be demanded of the person entrusted with more.* Luke 12:48

It is not sufficient, however, simply to have a “warm body” filling a given role. **Those engaged in liturgical roles need to be well prepared for those roles** and to know how to carry them out with reverence, dignity, and understanding.

2010, United States Conference of Catholic Bishops



Music ministers spend countless hours practicing, praying, learning, and honing their craft. The nature of this ministry requires trust – that God will make our music good, and that the assembly will hear with kind ears and participate as we lead them. **Music expresses what words cannot, and the best music ministers allow their inner selves to be exposed so that God might work through their music. What a daunting, yet grace-filled opportunity and responsibility!** Music ministers care for so many – yet who tends to their needs? **Content can be customized to meet your organization’s specific needs.**

For more information, contact Bob or Mary:

Bob Soeder 216-287-9767 Bob@SustainingtheJourney.com
Mary Hrich 440-854-6015 Mary@SustainingtheJourney.com



What is Sustaining the Journey?



Mary Hrich

Sustaining the Journey, a retreat series endorsed by both the National Association of Pastoral Musicians and the American Guild of Organists, is an opportunity for all Liturgical Ministers to experience **renewal** and **refreshment**. With a combined 70+ years of liturgical ministry in the Diocese of Cleveland, presenters **Bob Soeder** and **Mary Hrich** bring with them a wealth of experience, knowledge, and music. Each retreat includes a light meal, time for fellowship and prayer, stories, singing, and a little learning along the way! Designed for **all Music Ministers**, this *Sustaining the Journey* event will leave you with food for thought and a renewed enthusiasm for liturgical ministry.

Come for the food – stay for the nourishment!



Why Sustaining the Journey?

No matter the faith tradition, Church Ministers - both volunteer and paid professionals - are the lifeblood of the church. They give countless hours of time serving others...but who takes care of their needs? We all need to nurture our spirits, and *Sustaining the Journey* nourishes body and soul!

Sustaining the Journey workshops provide an opportunity for Church Musicians and Ministers to enjoy an evening of renewal and refreshment. Join with others who are passionate about caring for others and sharing their faith. Recharge your batteries, let someone else do the planning for a change, and enjoy an evening of food, fellowship, music, and inspiration.

***Sustaining the Journey* will leave you with food for thought and a renewed enthusiasm for your ministry.**



Bob Soeder

www.SustainingtheJourney.com